

JOUONS FC SMALL GROUP TRAINING

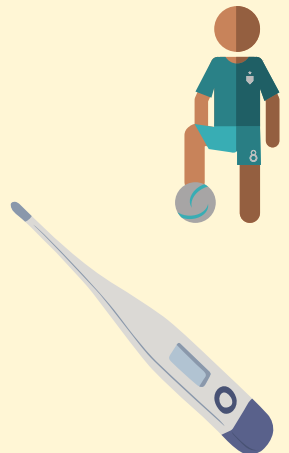


COVID-19 Step by Step Measures

1

TEMPERATURE CHECK

Coach will take temperature at the beginning of each session, then repeat mid-way, and finally at the end of the session. temperatures will be recorded on a spreadsheet for documentation purposes.

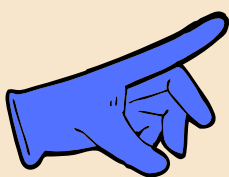


2

HAND SANITIZING/GLOVES

All players must sanitize their hands in between sessions.

Gloves must be worn for certain exercises.



3

EQUIPMENT

Backpacks must be placed at least 6ft apart.

Be sure to bring your own Water, Ladder (if you have it), and towel.

4

FACE MASKS

Face masks are optional for training sessions, but mandatory for scrimmages to minimize droplet transmission.



5

NEXT DAY

Please be sure to check your child's temperature before coming to the next session. Should your child's temp/fever be 101 or more, or is showing symptoms indicated by the CDC, please keep them at home and make us aware.

